Newspaper Comment On Murder of Court Officials at Hillsville

Thinking

Brains

Put Back

Food

What

of

must be

by

Case of "Have-to"

Takes Out and that you are slowly going from bad to worse. Wouldn't

day by brain work and nervous tension.

Every one must rebuild, each day a little, in order to keep the body healthy. The daily energy of brain, nerves and muscles destroys some of the cells, and these must of course

Now suppose you observe some trouble with the body

you accept the evidence as a hint from Mother Nature that

either you are doing some hurtful thing, or more likely, that you are not selecting the food which contains the elements Nature requires for the daily rebuilding?

For instance, suppose you have an increasing tendency towards nervousness or perchance "Brain-fag' and Nervous Prostration. Stop the habit or food which may be the

cause and use food which you know contains the things

Analysis shows the soft, gray filling of Brain and Nerve centres to consist of Albumin, Water and Phosphate of

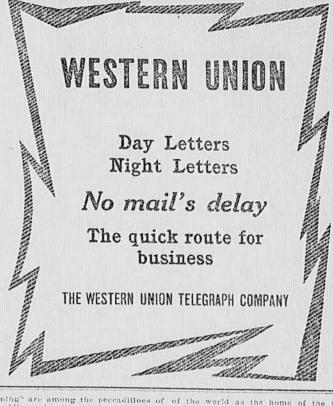
Potash. Now, unless your food contains these elements, you cannot rebuild and make good the daily destruction

of this gray substance, a little being broken down each

There is a safe and sure food which can be relied upon

and which does contain the required elements for rebuild-

justice, but also helpfulness, kindness and sympathy. Especially it must either and sympathy. Especially it must be deliver and role and of the control of the co



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